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School Board Work Session August 25, 2022

Agenda

Middle School Advisory

Mental Health Supports



Middle School Advisory



Strategic Plan: Learning for All

VISION

Our learners are engaged in authentic, challenging, and relevant learning experiences, becoming lifelong contributors and leaders in our dynamic and diverse society.

VALUES

- Equity
- Excellence
- Family and Community
- Wellness

MISSION

Working together as a team, we will end the predictive value of race, class, gender, and special capacities for our children's success through high-quality teaching and learning for all. We seek to build relationships with families and communities to ensure that every student succeeds.

We will know every student.

GOALS



Thriving Students



Affirming and Empowering Communities



Equitable, Transformative Resources

PORTRAIT OF A LEARNER



ADAPTABILITY



ANTI-RACISM



COMMUNICATION



CREATIVITY



**CRITICAL
THINKING**



EMPATHY



**LEARNER'S
MINDSET**

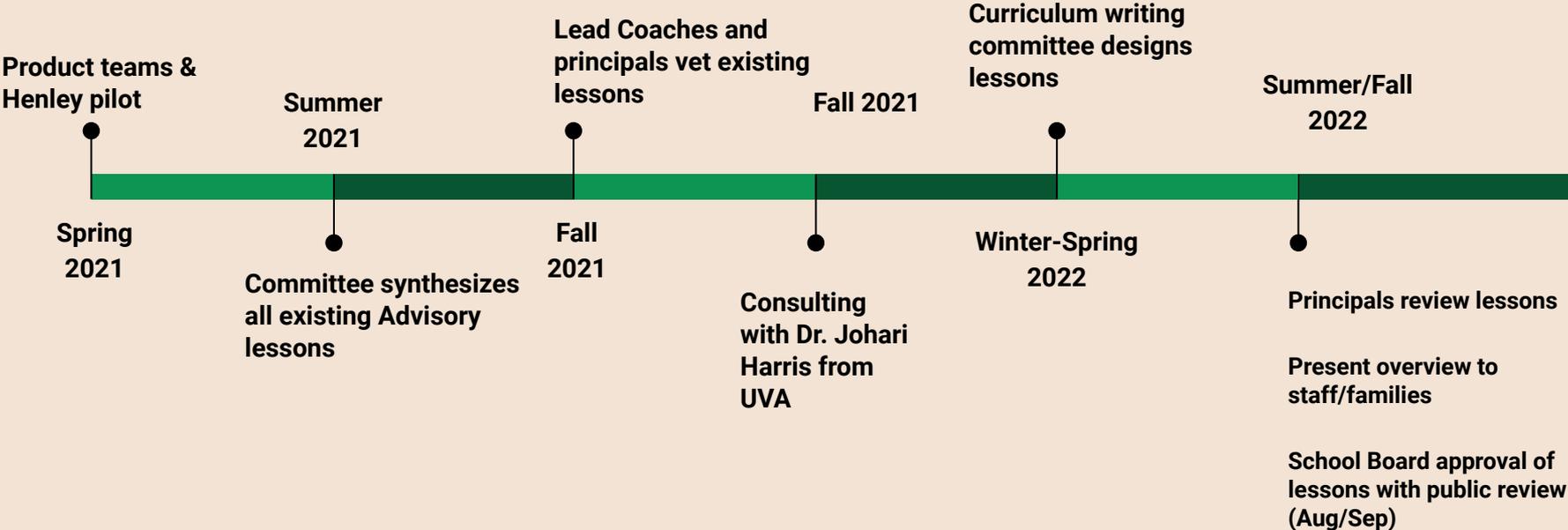


**SOCIAL JUSTICE
AND INCLUSION**

Evolution of Advisory

- 2 years ago, schools pilot
- Foundations within Developmental Designs
- Common middle school experience/program
 - Streamline into a common middle school advisory guaranteed viable curriculum for all schools
 - More similar than different
- Same big ideas: Career Awareness & Digital Citizens have been a part of advisory for several years
- From that positive and constructive feedback, spent last year working with teachers from each school to develop a shared framework, learning goals, and learning experiences

Timeline



Development Teams & Partners

- Teams of teachers from each middle school
 - Middle school teachers
 - School counselors
 - Talent Development Resource teachers
- UVA partnership
- Learning Technology team input

Purpose of MS Advisory

The purpose of the advisory curriculum is to **support the whole child** by building skills that empower students to **fulfill their highest potential** as collaborative, thoughtful, caring, and successful individuals and contributors to their school and larger communities.

**Awareness
Affirmation
Agency**



Advisory Goals

- To ensure that **each student is known** well at school by at least one adult who is that student's advocate (advisor);
- To guarantee that every student **belongs** to a peer group;
- To help every student find **ways of being successful** within the academic and social options the school provides;
- To provide a structure for students to **examine their developing identities** as well as learn about those different from them;
- To support students in **finding their voice and listening to the voices of others**;
- To **develop as citizens** who make authentic contributions to improve their school community, larger community, and society;
- To develop safe and ethical **digital citizens**;
- To **enjoy learning**.

MIDDLE SCHOOL ADVISORY LESSON PROGRESSION

Developing lifelong contributors and leaders in our dynamic and diverse society.



***For 2022-2023 only, 7th and 8th graders will be participating in the 7th grade Identity & Intro to Youth Participatory Action Research lessons instead of the 8th grade Youth Participatory Action Research lessons**

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Digital Citizenship

Digital Citizenship

Goal(s): To develop safe and ethical digital citizens

	6th	7th	8th
	“My Tech at School” Lesson Away for the Day Policy Laptop Use Expectations Digital Learning Agreement		
Media Balance & Well Being	Finding Balance in the Digital World	My Media Use: A Personal Challenge	Digital Media & Your Brain
Privacy & Security	Don't Feed the Phish	Big, Big Data	Being Aware of What You Share
Digital Footprint & Identity	Who Are You Online?	The Power of Digital Footprints	Social Media & Digital Footprints: Our Responsibilities
Relationships & Communication	Chatting Safely Online	My Social Media Life	The Risks of Inappropriate Communication Online
Cyberbullying, Digital Drama & Hate Speech	Digital Drama Unplugged	Upstanders & Allies: Taking Action Against Cyberbullying	Responding to Online Hate Speech
News & Media Literacy	Finding Credible News	The Four Factors of Fair Use	This Just In!: Reacting to Breaking News

How do the Digital Citizenship lessons connect to our vision, mission, values and goals?

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Affirming and Empowering Communities



Equitable, Transformative Resources

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Pathway Explorations

Pathway Explorations

Learning Goal(s):

- Understand that **all people have assets, skills, interests, and talents**. Knowing about one's own identity and assets helps them make sense of and develop pride in who they are.
- Engage in an **iterative cycle** of **exploration** and **reflection** around **pathways aligned** with their strengths, interests, and talents
- Design plans that can help us achieve the **goals we imagine for ourselves**.

Pathway Explorations

Lessons 1-4	Lessons 5-7	Lessons 6-10
<ul style="list-style-type: none"> • <i>What are my strengths?</i> • <i>What do I enjoy?</i> • <i>What do I care about?</i> 	<ul style="list-style-type: none"> • <i>What are my options?</i> • <i>Is there a right choice?</i> 	<ul style="list-style-type: none"> • <i>How do I design my future?</i> • <i>How can I adapt and be resilient in responses to changes and challenges?</i> • <i>Why (and how) do our academic and career choices contribute to our whole-being health?</i>

Students will create and update a **personalized college and career exploration portfolio**, including discovery of, identification of, and reflection on:

- Personal strengths, interests, and talents.
- Pathways aligned with their strengths, interest, talents.
- Short and long term goals

Students will be introduced to [Schoolinks](#) platform

How do the Pathway Exploration lessons connect to our vision, mission, values and goals?

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**Identity
Development &
YPAR (Youth
Participatory Action
Research)**

Identity Development & YPAR

Goal(s): Understand and develop positive regard for own identities. Understand others' identities and see people in their full humanity (no single stories). Recognize and research unfairness and take action to create more just/fair communities/schools.

6th	7th	8th
<ul style="list-style-type: none"> ● Understand own identities and those of classmates ● Trace unfairness from the past to the present in order to create a fairer and more just future 	<ul style="list-style-type: none"> ● Understand others' identities by exploring narratives that challenge single stories ● Develop action research skills in order to prepare for full YPAR project 	<ul style="list-style-type: none"> ● Collaboratively complete a full YPAR project in groups

What is YPAR?

YPAR (**Youth-led Participatory Action Research**) is an **innovative** approach to **positive** youth and community development based in **social justice principles** in which young people are trained to conduct **systematic research** to **improve their lives, their communities, and the institutions** intended to serve them.

Partnership with UVA



Dr. Johari Harris

How do the Identity & YPAR lessons connect to our vision, mission, values and goals?

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Professional Development

Identity & YPAR Curriculum Development - Collaboration with Dr. Johari Harris, UVA - Winter/Spring 2022

Developmental Designs PD: Building Positive Classroom Communities - Ongoing

Curriculum Overview with ALL Middle School Advisory Teachers: Pre-Service Week 2022

Schoolinks Training for Middle School Advisory Leads: Overview of platform for Pathway Exploration experiences

Advisory Leadership Team Meetings: Ongoing throughout the 2022 school year

Fostering Positive Classroom Dialogue: Dr. Joseph Williams, UVA - Sept 26, 2022 & Nov 7, 2022

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Questions?

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Mental Health Services

Work Session Explorations

What do we KNOW?	What I WANT to Learn?	What did we LEARN?
	<p><i>What data do we collect? How do we use data?</i></p> <p><i>What is Mental Health First Aid training?</i></p> <p><i>What's the role of the SEL coaches added last year?</i></p> <p><i>How do our mental health services connect to Community services?</i></p>	

Work Session Explorations

**What do we
KNOW?**

**What I WANT
to Learn?**

What did we LEARN?

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What is Mental Health?

VDOE Definition of Mental Health

Mental health is **comprised of emotional, psychological, and social well-being**. Mental health influences an individual's thoughts, feelings, and actions.

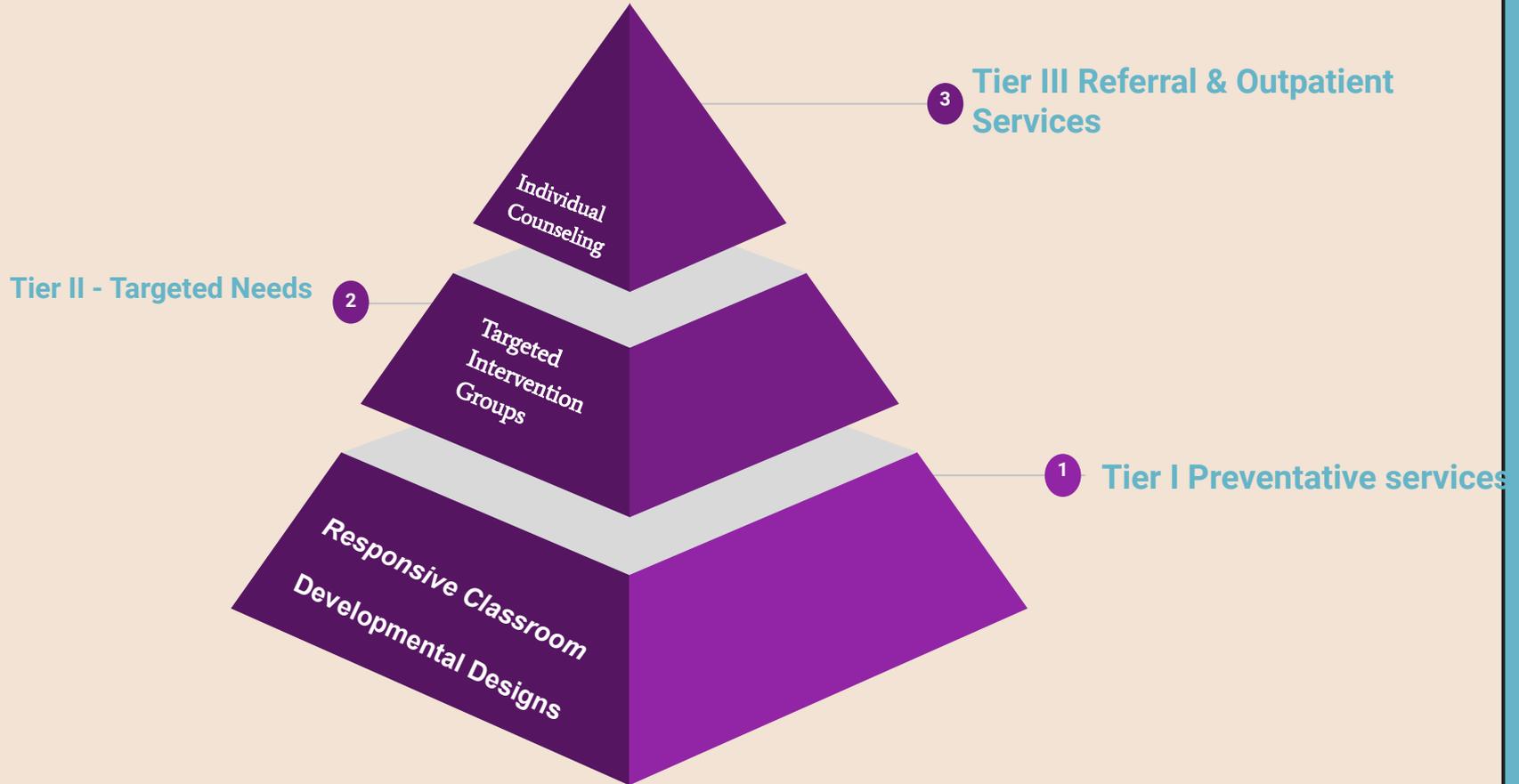
ACPS Strategic Plan - Thriving Students

ACPS will facilitate learning experiences grounded in high expectations, networks of care, and student curiosity to ensure academic and social-emotional development for all students while eliminating opportunity, access, and achievement gaps. Emphasizing networks of care, high expectations, and student curiosity constitute the major levers for realizing this goal. Sample strategies to carry out these intentions include the provision of a guaranteed and viable curriculum, culturally responsive teaching, and the recognition that academic requirements need to allow space and time for students to pursue other interests outside of school.

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Tiered Services

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Work Session Explorations

What do we KNOW?	What I WANT to Learn?	What did we LEARN?
	<ul style="list-style-type: none">•	<ul style="list-style-type: none">•

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Mental Health Roles

Why School Counselors are the hub of our Networks of Care

- **School Counselors support student growth in:**
 - **Social emotional learning**
 - **Academic development**
 - **College & career planning**
- **Provide services through 8 types of delivery methods**
- **Are highly qualified mental health professionals**
 - **Meet state certification/licensure standards**
 - **Hold a master's degree in school counseling**
 - **CACREP Accredited programs**



Why SEL Counselors & Coaches

Provides school the flexibility to support schools individual through identified needs and flexible hiring

- 1) Mental Health Professional/Social Worker
- 2) School Counselor
- 3) SEL Counselor/Coach

Work Session Explorations

What do we KNOW?	What I WANT to Learn?	What did we LEARN?
	<ul style="list-style-type: none">•	<ul style="list-style-type: none">•

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Mental Health Data

What data do we collect at tier I?

Mental Health First Aid

- 80 Staff members Trained in MHFA
- All CATEC staff is trained in MHFA
- All school nurses are scheduled to take the training.

Panorama Climate Data

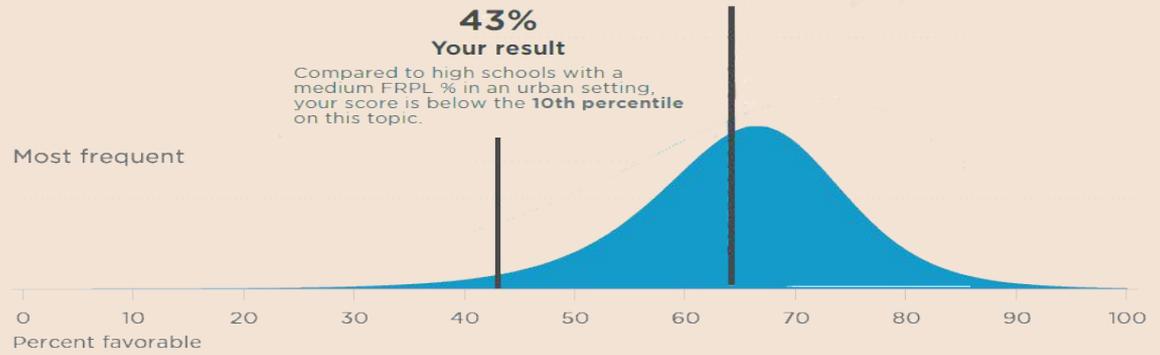
64%
Your result

Your result compared to National

43%
Your result

Compared to high schools with a medium FRPL % in an urban setting, your score is below the **10th percentile** on this topic.

Overall perception of social and learning Environment



What data do we collect at tier II?

We use our Universal SEL screen the Devereux Student Strengths Assessment (DESSA)



What data do we collect at tier III?

Student Assistance Program

2021-2022

regionten



596 New Referrals

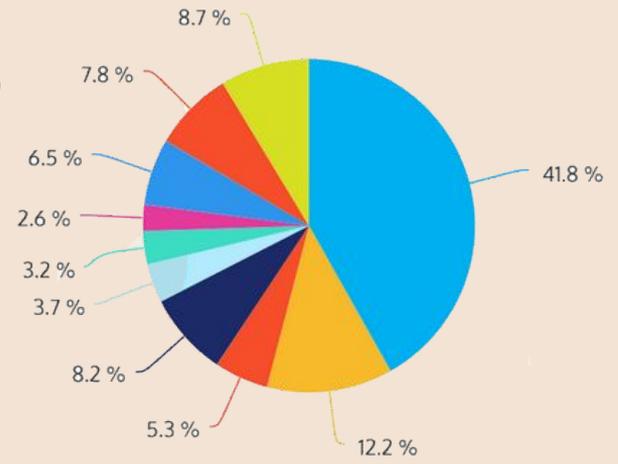
Students Engaged in Services (87%)



● Engaged ● Not Engaged

AHS - 231
WAHS - 113
MHS - 97
CLS - 60
BMS - 95

Primary Reason for Referral



■ Anxiety/Depression ■ Peer conflict
■ Teen Intervene/substance use ■ Family issues
■ Classroom disruption ■ Grief/loss ■ Self-harm
■ Suicidal ideation ■ Trauma ■ Other/Unspecified

Mental Health Support Services Timeline

2018

One School Counselor Per School

SAP Counselors & Middle School Support Counselor

2020

Student Safety Coaches

2019

Coordinator of Mental Health & Wellness (Grant funded)

2021

SEL Counselors (One time funding through American Rescue)



What questions did we not answer in our presentation that are still in your yellow section?

Work Session Explorations

**What do we
KNOW?**

**What I WANT
to Learn?**

What did we LEARN?

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Next Steps