

Support Chronically Absent Students in Returning to School

Essential Practices for Reducing Chronic Absenteeism at Scale

Today's Facilitator



Sadé Young

Director, K-12 Research Engagement & Success sadeyoung@eab.com



chron·ic ab·sen·tee·ism | nour

Missing 10% or more of the academic year for any reason, including excused absences, unexcused absences, and suspensions

Objectives for Today



Pinpoint what's changed about chronic absenteeism and what's driving the problem today



Discuss the **three essential conditions** for addressing chronic absenteeism today



Support **your district's next steps** for addressing all three conditions into next school year



Most Research Emphasizes Impact on Chronically Absent Students...



Less likely to read at grade level by the end of 3rd grade

4x

more likely to drop out of high school than their peers

...But Chronic Absenteeism Harms All Students



The percentage of chronically absent classmates predicts low reading and math achievement for all students

Steep Funding Cuts Threaten District Resources

- States that fund schools based on Average Daily Attendance
- Non-ADA state where absenteeism may still impact funding¹

-\$1M

funding due to 2% chronic absenteeism growth, TX district

31% of K-12 students live

in ADA states, 2022

Funding Streams Tied to ADA in Various States:

- Special education
- Meal reimbursement
- Textbook purchases
- Transportation
- Summer programs

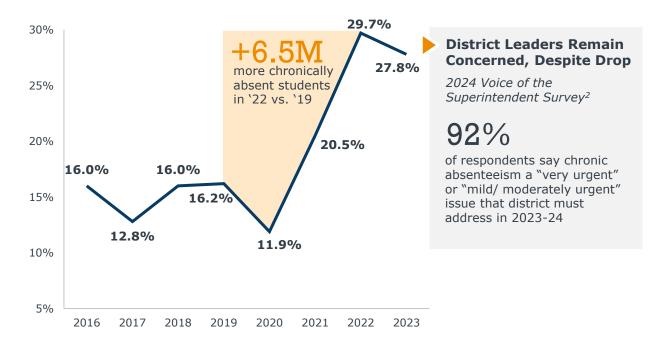
Source: Attendance Works, <u>Preventing Missed Opportunity: Taking Collective Action to Confront Chronic Absence</u>, 2016; Everyone Graduates Center, <u>The Importance of Being in School: A Report on Absenteeism in the Nation's Public Schools</u>, 2012; NCES, "Digest of Education Statistics," 2022. EAB interviews and analysis.

Funding calculated based on Seat Count(s): Students in seats on a given "count day."

Щ

Chronic Absenteeism Rate Spikes Following Pre-Pandemic Plateau

Chronic Absenteeism Rate of U.S. Public K-12 Students1



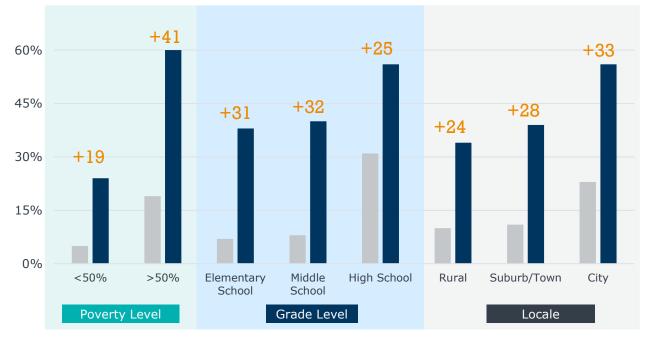
Years correspond to the end of each school year (e.g., 2016 = 2015-16 school year)

²⁾ n=148

Post-Pandemic Sees Spike in Chronic Absenteeism in Schools of All Poverty Rates, Grade Levels, and Locales

Percent of schools where at least 30% of students are chronically absent

■2018 **■**2022



Chronic Absence Surge Exceeds Support Plan Capacity



- **Tier 1:** Students with <10% absence rate
 - Incentivizing/recognizing good attendance
 - Monitoring attendance data regularly
- **Tier 2**: Students with 10-19% absence rate
 - Meeting students 1:1
 - Conducting home visits
- **Tier 3**: Students with 20%+ absence rate
 - Interagency case management
 - Truancy court

Districts Already Short-Staffed, So Practices Must Change

45%

of districts feel understaffed for the 2023-24 school year



ESSER funds for additional labor costs run dry in Sept. 2024



Districts funded by ADA may already be looking at cuts

Three Essential Conditions for Reducing Absenteeism

Three Root Problems Require Three Solutions

Three Root Problems for Rising Chronic Absenteeism...

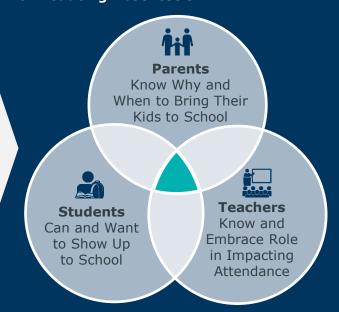
Parents

Less Likely to Send Children to School Since Pandemic

Students' Reasons for Absence Go Unaddressed

TeachersUnderutilized in Fight Against Absenteeism

...Require Three Essential Conditions for Reducing Absenteeism



A Deeper Dive: Parents Have Lower Threshold for Missing School



Widespread Risk **Factors** for Chronic

Absenteeism



Parents' Lower **Threshold** for Missing School



Increased Likelihood of Absence Due to Each Growing Risk Factor

- Physical illness
- Lack of transportation
- Housing mobility
- Threats to safety
- Loneliness & isolation
- Mental illness
- Academic struggles
- Lack of engagement

3 Reasons for Lower Threshold:

- 1. Parents more uncertain of when to send kids to school
- 2. Parents increasingly doubt value of daily attendance
- 3. Parents underestimate frequency of children's absences



66 In parents' minds, the benefits of absence are beginning to outweigh the benefits of attendance."

> - California School Attendance Research Project

Districts' Most Common Strategies...

Positive/Negative Incentives



- Attendance recognition programs
- Detention or suspension

Basic Needs Accommodations



- Free breakfast or laundry services
- "Late bus" pick-up

...Won't Address Students' Newest Reasons for Skipping School

Today's Students Feel...

...Unsupported

2/3
aren't comfortable
telling an adult in the
building about bullving

...Unsure

1/2

fear going to a teacher for academic help

...Disconnected

1/2 say they don't belong at school

...Skeptical

2/3

don't think classes connect to future

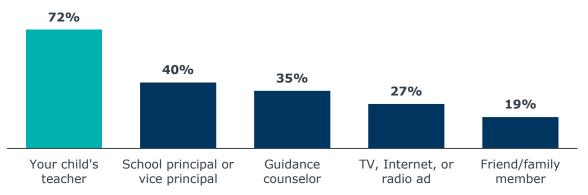


We can remove every basic needs barrier to getting a student to come to school, but at the end of the day, **they need to believe that school is worth it**."

- Director of Student Services, Southwest School District

Parents Overwhelmingly Prefer to Discuss Attendance with Teachers¹

"Which of the following ways would you prefer to hear about the importance of school attendance?"



...Yet Most Teachers Don't Talk to Parents about Attendance...

of parents reported that any school employee, including teachers, contacted them personally about attendance in the past 6 months

...And Few Have the Tools to Succeed



When I get on the phone with a parent, I don't know what to say. I'm new this year, and I want parents to trust me."

First-Year Teacher, Ohio

3 Essential Conditions for Reducing Absenteeism



Fewer students chronically absent

- Recover the influx of chronically absent students
- Proactively keep students from requiring intensive supports in the future

1

Parents

Know Why and When to Bring Their Kids to School

2

Students

Can and Want to Show Up to School 3

Teachers

Understand and Embrace Their Roles in Impacting Attendance

1

Parents

Know Why and When to Bring Their Kids to School

- Tiered Parent Communication Plan
 - Attendance Checklist "Nudges"

2

Students

Can and Want to Show Up to School

- District Leader Checklist for Equitable Grading
- Positive Relationship Mapping
- 5. Student Interest Conversations
- 6. Career Relevancy Root Causing
- 7. Group-Model Cognitive Behavioral Therapy

3

Teachers

Understand and Embrace Their Roles in Impacting Attendance

- District-Wide Teacher Expectations for Combatting Chronic Absenteeism
- Best-Practice Guide for Talking About Absenteeism

1

Parents

Know Why and When to Bring Their Kids to School

- Tiered Parent Communication Plan
 - Attendance Checklist "Nudges"

2

Students

Can and Want to Show Up to School

- District Leader Checklist for Equitable Grading
- Positive Relationship Mapping
- Student Interest Conversations
- Career Relevancy Root Causing
- Group-Model Cognitive Behavioral Therapy

3

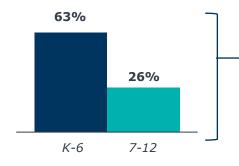
Teachers

Understand and Embrace Their Roles in Impacting Attendance

- District-Wide Teacher Expectations for Combatting Chronic Absenteeism
- Best-Practice Guide for Talking About Absenteeism



% District Leaders Ranking Parent Misconceptions as #1 Cause, Feb-Mar 2023



Despite Grade Level Split, Almost All Agree Parents Value Attendance Less

86%

of district leaders "Agree" or
"Strongly Agree" parent value
of attendance is lower today
than in previous years

91% of leaders that ranked a different cause as #1 still agreed with this statement



Coming off the pandemic, the perception of parents is, 'Well, my kid made it. They're okay. **They can miss – it's probably not as critical that they're there**.'

> Superintendent, Midwestern School District



Parent Beliefs





Parents uncertain when to send kids to school

Districts haven't communicated clear quidelines on when to keep "sick" kids home after fluctuating pandemic-era directives



Parents increasingly doubt value of daily attendance

Districts haven't corrected pandemic-era messaging promoting virtual learning



Parents underestimate frequency of children's absences

Parents only hear deliberate messaging about children's number of absences when they are already truant

The Science of Motivating a Behavior Change

19

Clinical Practitioners Rely on Four Key Actions



Express Empathy

Show understanding without placing blame



Support Self-Efficacy

Empower others to ask for help



Avoid Confusion

Remove room for interpretation



Clarify the costs of current mindset

Practice #1:



"How Can We Help" Self-Service Texts Practice #2:



Attendance Checklist "Nudges"

20

Status Quo of Parent Outreach Timeline for Repeatedly Absent Students



Student accrues 5 unexcused absences^{1,2} Dear Parent/Guardian:

The following notice is to inform you of the number of absences from school involving your child. Some of these identified absences may be excused and/or unexcused. This letter is a review of our process for addressing attendance.

Your child has 5 absences.

State statute section 39.9 through 40.5 states all students 5-18 shall attend school daily. Non-compliance will lead to disciplinary action by the principal and/or the School Board It's designee.

 If attendance does not improve, a referral may be made to School Social Work Services. Social worker(s) will work with the family to address continuing challenges. Social worker(s) may refer the case for court involvement through the county trunory court.

Support staff are available to help if students encounter barriers to attendance. **Please contact school** staff before significant attendance difficulties develop.

Parent receives state-mandated warning letter

- Informative, not actionable
- Punitive focus
- Riddled with legal jargon



Parent **feels**

- Blamed
- Fear
- Denial
- Confused

No change in behavior, absences continue



Student requires intensive 1:1 case management











Build Partnership with More Frequent, Supportive Outreach to Get Kids to School

Outreach before mandated truancy letter



Targeted, teacher-led outreach in response to increasing absences

Strategies to improve partnership with Tier 3 families







As Absences Increase...



State-mandated letter

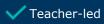


State-mandated conference











Early Contact Helps Parents Choose Partnership

How This Works:

- Source service ideas from school and district staff with stake in absenteeism
- 2 Identify number of consecutive absences to trigger automated text message



3 Triage replies and follow-up to appropriate staff

Why This Works:



Predetermined list of options prompts immediate action and support, aligned with best practice



Text messages more reliable and accepted than $mail/email^1$



Automated message scales school's ability to easily reach many families

Example text message:

We missed Avery in school today! How can we help make it easier for Avery to join class again?

Reply "1" if you'd like to discuss alternative transportation with our Operations team, or if you've moved.

Reply "2" if you'd like to schedule time to chat with a teacher.

Reply "3" if you'd like to schedule time to chat with a Student Health Professional.

3

Attendance Policy "Nudge"

What Districts Need:



Clear and simple attendance policies for parents



Just-in-time communication of attendance policies

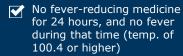


A cohesive narrative about the costs of absence



See You in Class!





No throwing up or diarrhea for 24 hours

Heading to school! What should I know?

A day of missed school is a lost opportunity for social development. By coming to school **every day they're not sick**, your child is gaining social skills that will land them their first job as an adult.

- √ Time Management
- ✓ Collaboration
- √ Problem Solving



Best to Stay Home.

- Temperature higher than 100.4 (with or without medicine)
- Persistent cough
- Throwing up or diarrhea
- Eyes are pink and crusty
- Instructed by doctor to isolate from others

My student is staying home. What should I do next?

Notify the school by phone (555-7483) or email (health@district.org).

If possible, let us know **before 9am** on the day of the absence.

Repeat this checklist every morning. We hope to see your student back soon!

How This Works:

- Partner with district health professionals to translate attendance policy health guidelines into simple checklist
- Nudge" parents to reread the checklist once per month via email or text
- Bach month, embed a different cost of absence to build a district narrative around attendance

Why This Works:



Short checklists are proven to incite action and improve consistency



Repeated nudges are proven to change behavior toward intended goal



Consistent messaging builds a cohesive narrative

Examples from EAB:



Overview: Collaborative to Hardwire Parent Communication 28

Collaborative Provides Step-by-Step Resources and Support

Collaborative Kickoff Crafting a Universal Parent Communication Campaign Designing a Targeted Parent Outreach Plan for Accumulated Absences Preparing Your Team for Success









Session 1

- Overview of collaborative logistics, timelines and details
- Introduce latest research on chronic absenteeism and EAB's tiered approach to engage parents

Session 2

- Review key decisions and adapt templates for your universal parent communication campaign
- Create a plan to gather feedback on campaign from school and district teams

Session 3

- Review key decisions and adapt processes, responsibilities for a targeted parent outreach plan
- Create a plan to gather feedback on outreach plan from school and district teams

Session 4

- Develop action plan for deploying new communications, including staff training and support
- Conduct pre-mortem exercise to anticipate roadblocks

1

Parents

Know Why and When to Bring Their Kids to School

- Tiered Parent Communication Plan
- Attendance Checklist "Nudges"

2

Students

Can and Want to Show Up to School

- District Leader Checklist for Equitable Grading
- 4. Positive Relationship Mapping
- 5. Student Interest Conversations
- 6. Career Relevancy Root Causing
- 7. Group-Model Cognitive Behavioral Therapy

3

Teachers

Understand and Embrace Their Roles in Impacting Attendance

- 8. District-Wide Teacher Expectations for Combatting Chronic Absenteeism
- Best-Practice Guide for Talking About Absenteeism

To Want to Attend School, Students Need to Feel:



Competent and that success is possible



Connected to peers and adults in the school building



Engaged in their school community and activities



That school connects to their future aspirations



Support is available when needed

Pandemic, Remote Learning, and Limited Progress

After 3 Years of Limited Progress, Districts Worse Off in All Areas

71% of 13-19 year olds now say schoolwork makes them feel anxious or depressed

4 in 10 students feel less connected to peers or adults in their school Only 39% of students have taken classes or participated in programs to explore careers

To Want to Attend School, Students Need to Feel:



Competent and that success is possible



Connected to peers and adults in the school building



Engaged in their school community and activities



That school connects to their future aspirations



Support is available when needed

]

District Leader Checklist for Equitable Grading 2

Positive Relationship Mapping

Companion Practices

3

Student Interest Conversations 4

Career Relevancy Root Causing 5

Group-Model Cognitive Behavioral Therapy

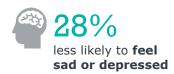
Why Focus on In-School Relationships?

Controlling for all background characteristics, children with a caring adult outside of the home are:





less likely to **bully another student** in the past month



Connections with Trusted Adults Keep Kids in School

"Two big reasons students leave school: they have no meaningful connection to an adult in the building, and no one knows their name or how to pronounce it. This work isn't just feel-good: **We know through research that relationships and connections keep kids in school."**

Administrator, Washoe County Public Schools

A School-Wide Review of Gaps in Positive Support

Excerpt from Relationship Mapping Exercise:

Indicate quality and depth of knowledge about each student, even if staff doesn't mark "trusted adult" Mark staff as "Trusted Adult" if they have positively bonded with the student and believe student would come to them with a personal problem or concern

Student Name	Name Face	<i>'</i>	Regular Positive Feedback	2 Non- Academic Facts	Family Story	Trusted Adult Initials	Absence Level
Dante B.	✓ ✓ ✓ ✓ ✓ ✓		√ √ √ √ √	✓ ✓ ✓ ✓	√ √ √	MS JN TB	Trending
Jenny D.	√ √ √	✓	√		√ √	JN	Trending
Sara S.	√ √ √ √	✓		√			Chronic
Peter L.	✓ ✓ ✓ ✓ ✓ ✓		✓ ✓ ✓	√ √ √ √	√ √ √ √ √	ТВ	-
Maria G.	✓ ✓	✓		√	✓ ✓	MS TB	- •

Show students at risk for chronic absenteeism according to attendance data (i.e., students trending toward chronic absence or students already chronic)

How It's Done



Convene School Staff

Most districts meet 6 weeks into the school year



Map Student/Staff Relationships

Have staff self-identify as trusted adults and depth of knowledge about each student



Review Results

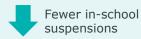
Identify gaps in support for students at-risk for chronic absence

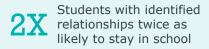


Discuss and Follow Up

Make a plan for filling gaps and deepening existing relationships

Results in Washoe County





+18%

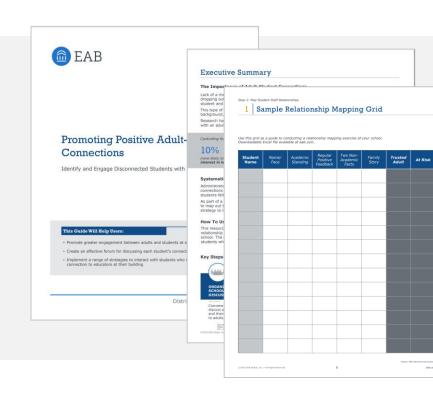
Growth in district graduation rate from 2012 to 2017

EAB's Positive Relationship Mapping Toolkit

36

Download the Toolkit to:

- Launch a district policy for school-based relationship mapping
- Choose from a range of strategies to interact with students who lack a meaningful connection to educators at their building



1

Parents

Know Why and When to Bring Their Kids to School

- Tiered Parent Communication Plan
- Attendance Checklist "Nudges"

2

Students

Can and Want to Show Up to School

- District Leader Checklist for Equitable Grading
- Positive Relationship Mapping
- Student Interest Conversations
- Career Relevancy Root Causing
- Group-Model Cognitive Behavioral Therapy

3

Teachers

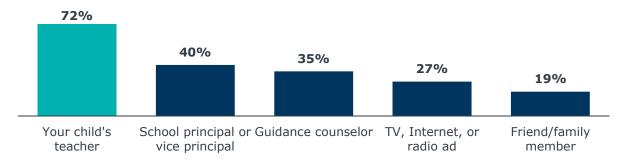
Understand and Embrace Their Roles in Impacting Attendance

- District-Wide Teacher Expectations for Combatting Chronic Absenteeism
- Best-Practice Guide for Talking About Absenteeism

Teachers Hold Untapped Opportunity to Improve Attendance.

Parents Overwhelmingly Prefer to Discuss Attendance with Teachers¹

"Which of the following ways would you prefer to hear about the importance of school attendance?"



...But Despite Leaders Recognizing Their Potential, Many Teachers Have a Limited View of their Role in Improving Absenteeism

"Teachers play a vital role. When I was in school, my attendance only improved when my teacher didn't want me to be absent anymore."



"Teachers have felt that attendance is not their responsibility beyond taking roll in the morning. After that, it's up to administrators."

- Midwestern District Leader

Amid Myriad Responsibilities...



...Teachers Need Clarity on What to Do and How

"Should I be contacting absent students? Should I be contacting their parents?"

"When is the best time to talk to students and parents about attendance?"

"What do I say to absent students or their parents that won't make things worse?"

Practice 1

Clear and Consistent What:

District-Wide Expectations for Promoting Consistent Attendance

Clarify the roles all teachers play in reducing chronic absenteeism

Example of Expectations:

Sundale Heights¹ School District

Teacher Tasks for Combatting Absenteeism

Every Day:

- Log attendance in PowerSchool
- Personally welcome back students returning from absence

Every Week:

- ☐ Call parents of students absent more than 2 days
 - ☐ Use language from Absenteeism Conversations resource

Every Quarter:

How This Works:

- Define 1-2 teacher actions every day, every week, and every grading period that impact attendance
- 2 Have teachers post list in a visible place (i.e., desk)
- 3 Encourage instructional coaches to discuss expectations in coaching sessions

Why This Works:



Short, simple directives improve likelihood of teacher fidelity to expectations



Consistent discussions with coaches reinforces importance of reducing absenteeism

Consider including what teachers are **not** expected to do (e.g., host punitive conversations with parents of truant students)

42

Why Each Task Is C

Combatting Absent

Accurate attendance data in an emergency where accordis crucial, accurate attenda

More than half of students

₹ 72% of parents prefer that attendance come from tea administrators². Communications.

Research shows that sendi

Chronically absent student radar and go unidentified b

changing their behavior.

you take atte On the side of

and families increases stud

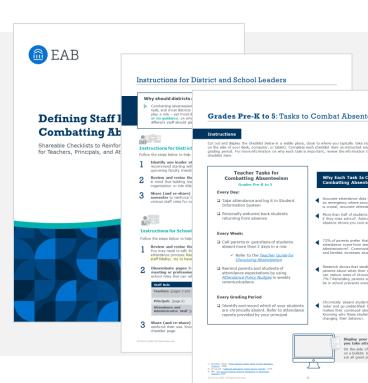
can reduce rates of chronic be in school prevents unne

if they miss schools. Ackno

absence shows you care at

Download the Resource to:

- Clarify expectations for staff in combatting absenteeism through simple, actionable checklists
- Ensure fidelity to daily, weekly, and quarterly tasks that coordinate across the school



Practice 2

Support for <u>How:</u>

Best-Practice Guide for Talking About Absenteeism

Provide teachers precise language to use when discussing attendance with parents



If we could just give teachers the right words to say, they'd be much more likely to contact parents of absent students."

> - Superintendent, Western School District



You know what would be helpful? A communication guide for teachers.

> - Superintendent, East Coast School District

What Districts Need:



Research-based teacher talking points that build trust with parents



Consistent district narrative around costs of absence



Easy-to-access materials for when teachers need them most

Clarify expectations



Take out the **auesswork**





How This Works:



Disseminate teacher guide during a faculty meeting or PLC



At least once a grading period during faculty meetings or PLCs, host a discussion about these conversations:

- How many times did teachers reference the quide this grading period?
- How did students or parents respond?
- What can be revised in the quide according to new student or parent needs?

Why This Works:



Prepared guide reduces teacher cognitive load



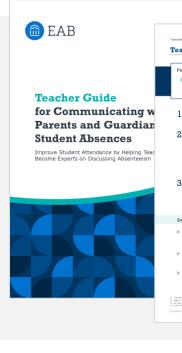
 Consistent use across grade levels creates a district-wide expectations around attendance



Team discussions ensure consistent use and revision of teacher quide

Download the Guide to:

- Give teachers and staff research-backed language for discussing student absences with parents and tools for following up on concerns
- Build a consistent narrative around attendance conversations in the district





Teacher Lists for Communicating About Absences

Teacher Instructions: How to Use This Guide

First Thing's

Parents

Teacher Guide for Communicating About Absences

Communication Outline for Phone, Email, and Text

After a student exceeds the number of assences set by your district, contact the parent or guardian wa proine, email, or text messages. Structure your communication using the 6-point outline below. Reference the icons to the left of each language example to choose phrasing appropriate for each type of communication.

- Start with a friendly introduction
 Greet the parent or guardise by name (double-check pronunciation, if necessary), and always reintroduce yourself. Whether your first or fourth communication, a parent or guardism might need to be reminded of your properties.
- ** "Hi Ms. Ellis, Obs is Mr. Wells, John's biology teacher. Is this a poot time for a quick conversation?"
 "Dear Ms. Lenz, My name is Ms. Park, and I am the guidance counselor at Piedmont High School."
 "Hi Mr. Yang This is Mrs. Harmon, John's Inmercom teacher."
- Share a positive note statistic and positive note statistic approximation of the positive note by complementing the student's social skills (pood friend to others, sense of humor) academic progress (growth as a reader, eagenness to learn), or another anecdate (funny story from class).
 \$\frac{1}{2} \overline{\text{Sign}} \text{Treat off, Time reader, and have progress in much this quarter in much that of the progress of the progress of the progress in much this quarter.
- 3 Inquire about student wellbeing Emphasize care for the student. Avoid implying that parents or guardians should send their child to school if the student is a student of the student in the student in the student is student.
- "I wanted to check-in and see how John is doing. [Is he feeling better?]"
 "How is John [doing/feeling]?"

"I really entity seeing John in class"

- Reference the absence and what the student missed State the cost of algence – don't just reiterate the importance of attendance. Most parents and guardians already agree that attendance is important, and it's less impactful to validate something they already believe.
 - We missed John last week when he was absent. We finished presenting book reports, which would have been a great opportunity to practice John's public speaking skills.
 "We missed him last week when the class shared science fair projects."
- Pinpoint barriers to attendance Ask if the parent or guardian has concerns about common barriers to attendance (e.g., transportation, work confirm etc.)
 - stktts, etc.)
 "I wanted to ask is there anything I can do to make it easier for John to be in school every day? Did he mention anything about our classroom that is keeping him from school?"
 - ☐ □ "Is there anything John needs in order to return to school?" ➤ Record responses using the templat on page 5 and elevate concerns
 - Keep communication lines open
 Give the parent or guardian clear next steps at the end of your communication.
 - ** "Thank you for taking the time to speak today. What is the best way for us to keep in touch?

 "I'm available via phone or email between Rem and Som. Review feel free to reach out."

EAL Affights Reserved.

In Summary: What Are We Trying to Change?



Problem 1

- Parents think value of some absences outweighs value of attendance
- Parents unsure of fluctuating attendance protocols post-pandemic

Problem 2

Students don't feel:

- Competent
- Connected
- Engaged
- Supported

Problem 3

- Teachers unsure of role in combatting chronic absenteeism
- Teachers feel unprepared to discuss absenteeism with parents







Parents

Know Why and When to Bring Their Kids to School 2

Students

Can and Want to Show Up to School

3

Teachers

Understand and Embrace Their Roles in Impacting Attendance



202-747-1000 | eab.com







